

March Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cornflakes Fresh Bananas Organic Milk	2 Whole Grain Pancakes Apple Sauce Organic Milk	3 Blueberry Muffins Chilled Peaches Organic Milk
6 Whole Grain Waffles Applesauce Organic Milk	7 Banana Bread Muffins Blueberries Organic Milk	8 Cinnamon Raisin Bread Fresh Bananas Organic Milk	9 Whole Grain Bread Sun Butter Fresh Bananas Organic Milk	10 Cheerios Chilled Peaches Organic Milk
13 NO SCHOOL	14 Rice Krispie Cereal Fresh Bananas Organic Milk	15 Toasted Whole Wheat English Muffins Jelly Chilled Pears Organic Milk	16 Corn Flakes w/Apples & Raisins Organic Milk	17 Whole Grain Pancakes Mixed Berries Organic Milk
20 Whole Grain Waffles Chilled Peaches Organic Milk	21 Yogurt w/ Whole Grain Granola Blueberries Organic Milk	22 Toasted Oat Cereal Fresh Apple Slices Organic Milk	23 Banana Bread Muffins Blueberries Organic Milk	24 Turkey Sausage Breakfast Potatoes Fresh Orange Wedges Organic Milk
27 NO SCHOOL	28 Whole Grain Pancakes Cinnamon Apples Organic Milk	29 Yogurt w/ Whole Grain Granola Blueberries Organic Milk	30 Bagel w/ Cream Cheese Fresh Orange Wedges Organic Milk	31 Breakfast Pizza (Toasted Whole Wheat English Muffin, Cream Cheese & Assorted Toppings) Pineapple Organic Milk

Additionally, GPS menus contain more of the following healthy menu items: organic milk, juices that are 100% juice and contain no dyes, whole grain pasta, whole grain and whole wheat breads, low-fat cheese, all-natural applesauce, diced fruits stored in juice (not syrup)

- This menu is subject to change due to unforeseen circumstances.



March Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM Wheat Thins and Diced Pears PM Baby Carrots and Pita chips with Ranch Dressing	2 AM Whole Grain Cheerios and Organic Milk *Dr. Seuss Snack: Strawberries & Banana "hats" PM Bagel w/ Cream Cheese & Jelly	3 AM Orange Slices and Whole Grain Ritz Crackers PM Fruit and Cheese
6 AM Bagel w/Cream Cheese & Jelly *Dr. Seuss Snack: Strawberries & Banana "hats" PM Graham Crackers and Applesauce	7 AM Sliced American Cheese and Wheat Thins PM Seasonal Fruit & Vanilla Wafers	8 AM Teddy Grahams and Diced Peaches PM Whole Wheat Bread with Apple Butter	9 AM Vanilla Yogurt and Pineapple PM Pretzels and Applesauce	10 AM String Cheese and Pretzels PM Rice Krispie Treats and Orange Slices
13 NO SCHOOL	14 AM Vanilla Yogurt and Mandarin Orange PM Cucumbers with Ranch Dressing and Tortilla Chips	15 AM Trail Mix and Juice PM Graham Crackers and Pineapple	16 AM Cereal Bars and String Cheese PM Wheat Thins and Orange Slices	17 AM Pretzels and Sun Butter PM Corn Chex and Organic Milk
20 AM Corn Chex Cereal and Orange slices PM Bagel w/ Cream Cheese & Jelly	21 AM Seasonal Fruit and Vanilla Wafers PM Goldfish and Juice	22 AM Teddy Grahams and Banana PM Whole Wheat Tortilla with Sun Butter	23 AM Wheat Thins and Baby Carrots w/Ranch Dressing PM Fruit and Cheese	24 AM Applesauce and Pretzels PM Carrot Sticks and Pita Chips w/ Ranch Dressing
27 NO SCHOOL	28 AM Vanilla Yogurt and Pineapple PM Fruit and Cheese	29 AM Teddy Grahams and Diced Peaches PM Wheat Thins and Cucumber Slices	30 AM Pretzels & Carrot Sticks w/ Ranch Dressing PM Vanilla Wafers and Fresh Fruit	31 AM Wheat Thins and Diced Pears PM Whole Wheat Bread with Apple Butter

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March Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Whole Grain Macaroni and Cheese Steamed Broccoli Diced Pears Organic Milk	2 Turkey Swedish Meatballs Egg Noodles Green Peas Fresh Orange Wedges Organic Milk	3 Whole Grain Cheese Ravioli Marinara Sauce Green Beans Chilled Pears Organic Milk
6 Chicken Tenders Salad w/Ranch Dressing Fresh Bananas Organic Milk	7 Whole Grain Spanish Rice with Chicken and Shredded Cheese Sour Cream Chilled Peaches Organic Milk	8 Tomato Soup Cheese Breadsticks Salad w/ Ranch Dressing Organic Milk	9 Baked Fish Sticks Steamed Broccoli Whole Grain Rolls Fresh Orange Wedges Organic Milk	10 Cheeseburger Whole Grain Buns Green Peas Chilled Pears Organic Milk
3 NO SCHOOL	14 Vegetarian Taco: Black Beans Shredded Cheese Lettuce Yellow Corn Sour Cream Whole Grain Tortillas Organic Milk	15 Sandwich Roll Sliced Turkey & Cheese Lettuce Fresh Fruit Organic Milk	16 Whole Grain Cheese Ravioli Marinara Sauce Green Beans Tossed Vegetable Salad Organic Milk	17 Lightly Breaded Chicken Nuggets Baked Potato Wedges Chilled Peaches Organic Milk
20 Cheeseburger Whole Grain Bun Tater Tots Fresh Fruit Organic Milk	21 Whole Grain French Toast Turkey Sausage Pineapple Organic Milk	22 Grilled Chicken Steamed Broccoli Brown Rice Mandarin Oranges Organic Milk	23 Beefaroni Shredded Mozzarella Cheese Green Peas Applesauce Organic Milk	24 Chicken Tenders Salad with Ranch Dressing Fresh Bananas Organic Milk
27 NO SCHOOL	28 Baked Fish Sticks Steamed Broccoli Whole Grain Rolls Fresh Orange Wedges Organic Milk	29 Whole Grain Pancakes Chicken Sausage Apple Sauce Organic Milk	30 Turkey Meatball Marinara Whole Grain Noodles Tossed Vegetable Salad Chilled Pears Organic Milk	31 Breaded Chicken Patty Whole Grain Bun Peas Fresh Apple Slices Organic Milk

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