



November '11 Breakfast Menu



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Cereal Bar Milk	English Muffin with Cream Cheese Juice	Fruit Muffin Milk	Cheerios Banana Milk	Corn Flakes with Raisins Banana Milk

- This menu is subject to change due to unforeseen circumstances.



November '11 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	AM Bagel w/Cream Cheese PM Carrots w/Ranch Dressing	AM Vanilla Pudding w/wafers & Juice PM Friendship Mix and Juice	AM Multi-Grain Crackers w/Cheese Slices PM Bagel w/Cream Cheese	AM Friendship Mix & Juice PM Wheat Pita w/Tzatziki
7	8	9	10	11
--- No School ---	--- No School ---	AM Bagel w/Cream Cheese PM Vanilla Wafers & Juice	AM Multi-Grain Crackers & Sliced Cheese PM Wheat Bread w/Apple Butter	AM Yogurt w/Fresh Fruit PM Chips & Salsa
14	15	16	17	18
AM Carrots & Ranch Dressing PM Friendship Mix & Juice	AM Life Cereal & Milk PM Carrots & Ranch Dressing	AM Cereal Bars & Juice PM Multi-Grain Crackers & Cheese Slices	AM Bagel & Cream Cheese PM Graham Crackers & Juice	AM Multi-Grain Crackers & Cheese Slices PM Wheat Bread w/Apple Butter
21	22	23	24	25
AM Wheat Pita & Tzatziki PM Vanilla Pudding w/wafer & Juice	AM Multi-Grain Crackers w/Cheese Slices PM Chips & Salsa	--- No School ---	--- No School ---	--- No School ---
28	29	30		
AM Multi-Grain Crackers w/Cheese Slices PM Bagel w/Cream Cheese	AM Wheat Pita w/Tzatziki PM Yogurt & Fresh Fruit	AM Graham Crackers & Juice PM Wheat Bread w/apple Butter		

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November '11 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Cheese Ravioli Peas Peaches Milk	Cheeseburger Broccoli Sliced Apples Milk	Roast Turkey Mashed Potatoes Mixed Fruit Carrots Milk	Chicken Quesadilla Spanish Rice Oranges & Salad Milk
7	8	9	10	11
--- No School ---	--- No School ---	Meatloaf Mashed Potatoes Peas & Carrots Milk	Taco with Lettuce & Cheese Spanish Rice Oranges Milk	Spaghetti with Turkey Meatballs Salad Pears Milk
14	15	16	17	18
Trout Treasures Green Beans Pears Milk	Baked Chicken Strips Broccoli Oranges Milk	Macaroni & Cheese Peas Sliced Apples Milk	Turkey Meatballs & Rice Green Beans Peaches Milk	Cheeseburger Carrots Applesauce Milk
21	22	23	24	25
Teriyaki Chicken Brown Rice Peas Pineapple Milk	Baked Ziti Broccoli Apple Slices Milk	--- No School ---	--- No School ---	--- No School ---
28	29	30		
Turkey Meatballs & Rice Green Beans Pears Milk	Baked Chicken Strips Celery Applesauce Milk	Taco with Lettuce & Cheese Spanish Rice Oranges Milk		

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