



January '12 Breakfast Menu



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Cereal Bar Milk	English Muffin with Cream Cheese Juice	Fruit Muffin Milk	Cheerios Banana Milk	Corn Flakes with Raisins Banana Milk

- This menu is subject to change due to unforeseen circumstances.



January '12 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
	AM Life Cereal & Milk PM Carrots & Ranch Dressing	AM Cereal Bars & Juice PM Multi-Grain Crackers & Cheese Slices	AM Bagel w/Cream Cheese PM Graham Crackers & Juice	AM Multi-Grain Crackers & Cheese Slices PM Wheat Bread w/Apple Butter
9	10	11	12	13
AM Wheat Pita w/Tzatziki PM Vanilla Pudding w/Wafers & Juice	AM Multi-Grain Crackers & Cheese Slices PM Chips & Salsa	AM Wheat Bread w/Apple Butter PM Wheat Pita w/Tzatziki	AM Yogurt w/Fresh Fruit PM Multi-Grain Crackers & Cheese Slices	AM Friendship Mix & Juice PM Carrots & Ranch Dressing
16	17	18	19	20
--- No School ---	AM Wheat Pita w/Tzatziki PM Yogurt w/Fresh Fruit	AM Graham Crackers & Juice PM Wheat Bread w/Apple Butter	AM Bagel w/Cream Cheese PM Multi-Grain Crackers & Cheese Slices	AM Cereal Bars & Juice PM Vanilla Wafers & Juice
23	24	25	26	27
--- No School ---	AM Bagel w/Cream Cheese PM Carrots & Ranch Dressing	AM Vanilla Pudding w/Wafers & Juice PM Friendship Mix & Juice	AM Multi-Grain Crackers & Cheese Slices PM Bagel w/Cream Cheese	AM Friendship Mix & Juice PM Wheat Pita w/Tzatziki
30	31			
AM Wheat Bread w/Apple Butter PM Multi-Grain Crackers & Cheese Slices	AM Wheat Pita w/Tzatziki PM Yogurt w/Fresh Fruit			

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January '12 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
	Baked Chicken Strips Broccoli Oranges Milk	Macaroni & Cheese Peas Apple Slices Milk	Turkey Meatballs & Rice Green Beans Peaches Milk	Cheeseburger Carrots Applesauce Milk
9	10	11	12	13
Teriyaki Chicken Brown Rice Peas Pineapple Milk	Baked Ziti Broccoli Apple Slices Milk	Scrambled Eggs Turkey Sausage Mixed Fruit Wheat Bread Milk	Taco with Lettuce & Cheese Spanish Rice Oranges Milk	Grilled Chicken Sandwich Green Beans Pears Milk
16	17	18	19	20
--- No School ---	Baked Chicken Strips Celery Applesauce Milk	Taco with Lettuce & Cheese Spanish Rice Oranges Milk	Turkey Sandwich Carrots Sliced Apples Milk	Macaroni & Cheese Peas Peaches Milk
23	24	25	26	27
--- No School ---	Cheese Ravioli Peas Peaches Milk	Cheeseburger Broccoli Sliced Apples Milk	Roast Turkey Mashed Potatoes Mixed Fruit Carrots Milk	Chicken Quesadilla Spanish Rice Oranges & Salad Milk
30	31			
Baked Ziti Broccoli Peaches Milk	Baked Chicken Patties Carrots Applesauce Milk			

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